






















## September 2019 - BWLW Water Challenge

Challenge goal: Drink at least 64 ounces of water for 21 Days. Each Bottle = 16 oz of water.

(Feel free to drink more than 64 oz.)

<p>Day 1 Total Ounces:</p> 	<p>Day 2 Total Ounces:</p> 	<p>Day 3 Total Ounces:</p> 	<p>Day 4 Total Ounces:</p> 	<p>Day 5 Total Ounces:</p> 	<p>Day 6 Total Ounces:</p> 	<p>Day 7 Total Ounces:</p> 
<p>Day 8 Total Ounces:</p> 	<p>Day 9 Total Ounces:</p> 	<p>Day 10 Total Ounces:</p> 	<p>Day 11 Total Ounces:</p> 	<p>Day 12 Total Ounces:</p> 	<p>Day 13 Total Ounces:</p> 	<p>Day 14 Total Ounces:</p> 
<p>Day 15 Total Ounces:</p> 	<p>Day 16 Total Ounces:</p> 	<p>Day 17 Total Ounces:</p> 	<p>Day 18 Total Ounces:</p> 	<p>Day 19 Total Ounces:</p> 	<p>Day 20 Total Ounces:</p> 	<p>Day 21 Total Ounces:</p> 

Show us your bottles! Post your photos on social media with the Challenge hashtag: #BWLWaterChallenge.

Don't forget to check out [our September DietBet!](#) Lose to Win - \$30 Bet